



# The First Presbyterian Newsletter

Volume 71, Number 5

January 2016



A humble birth in a little noticed window, first in the series on the wall between the Sanctuary and Assembly Hall.

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For Black History Month  
Read this Book!

## ***Between the World and Me, by Ta-Nehishi Coates***

by Rev. Shannan Vance-Ocampo, Transitional Presbyter, Albany Presbytery

Read this book now in January to be ready for February! I promise that you will be thankful you did! During Black History Month I will be joining you for two Sundays to discuss *Between the World and Me* by Ta-Nehishi Coates—known by many of us as a popular writer for The Atlantic Magazine.

**Here are my top ten reasons for recommending the book:**

10. It just won the 2015 National Book Award. That means it's a really good book and should be on your reading list no matter what.
9. Ta-Nehishi Coates has written amazing articles for The Atlantic. Most notably his article, *The Case for Reparations* was excellent. You can see all his writings at this web site (<http://www.theatlantic.com/author/ta-nehisi-coates/>).
8. If you want to know what's on the minds of younger African-Americans in the United States and get the unvarnished version you want to read this book.
7. If you are concerned about police brutality against minorities and want to get behind what it feels like to be on the other side, then you want to read this.
6. I have personally read this book three times and it's still not fully worked into me, it is a deep, deep dive of a book but only 152 pages.
5. If you are personally convicted as a follower of Jesus about the sin of racism in our country and want to "do your own work" related to that.
4. If you want to think about the profound theological and moral difference between reconciliation and reparations.
3. If you want to read a deeply theological text written by someone who is an atheist and stretch your understanding of faith and God.

Continued on p. 14, **Book.**

**The Annual Meeting** of the congregation of First Presbyterian Church will meet in the sanctuary on **Sunday, January 31, following the 10:45 service**. At this meeting we will hear reports of Session, Board of Deacons, and other recognized groups of the church; the 2015 financials will be reviewed and the 2016 budget will be given for information. Members will vote on changes in terms of call of the Co-Pastors. You are invited and encouraged to attend.

# The First Presbyterian



**First Presbyterian  
Church  
Albany, NY**  
Founded in 1763

**Dr. Miriam Lawrence  
Leupold**  
**Dr. Glenn D. Leupold**  
Co-Pastors

**Dr. Michael Lister**  
Director of Music

**Trevor Kahlbaugh**  
Organist

**Christy D'Ambrosio**  
Youth Director

**Robert C. Lamar**  
Pastor Emeritus

**Elders**

Keith Barber  
Carol Bullard  
Glady's Crowder  
Richard Gascoyne  
Annette Johnson  
Charles Kite  
Stephanie Kite  
Harry (Skip) Meislahn  
John Myers  
Phillip Riddle  
Mary Rogers  
Roseline Takor

**Deacons**

**Lee Helsby**  
Moderator

Diane Cornell  
Prudence Iyok  
Ellen Kemp  
Peter Kimuli  
Judith Mark  
Joe Mathias  
Jerry Nathan  
Ron Pettis  
Leslie Roccaro  
Peg Schalit  
Gail Scott  
Deb Shoup  
Grace White  
Robert Willower  
Barbara Woodruff  
Margaret Zettle

## Pause Here a Moment...

### Grace Bats Last

*[Editor's note: This "Pause Here" is different than most in that it is author Anne Lamott's reflections on reaching another year of sobriety. First Pres hosts several Alcoholics Anonymous groups.]*

#### Grace Bats Last

On July 7, 1986, 29 years ago, I woke up sick, shamed, hungover, and in deep animal confusion. I woke up this way most mornings. Why couldn't I stop after 6 or 7 drinks? Why didn't I have an "off" switch when I had that first drink every day? Well, "Why?" is not a useful question.

I thought about having a cool refreshing beer, just to get all the flies going in one direction. I was 32, with three published books, and the huge local love of my family and life-long friends. I was loved out of all sense of proportion. I gave talks and readings that hundreds of people came to. I had won a Guggenheim Fellowship, although, like many fabulous writers, I was drunk as a skunk every day. I was penniless and bulimic, but adorable, and cherished. But there was one tiny problem. I was dying. Oh, also, my soul was rotted out from mental illness and physical abuse. My insides felt like Swiss cheese, until I had that first cool, refreshing drink.

So, not ideal. The elevator was going. It ONLY goes down; until you finally get off. As a clean, sober junkie told me weeks later, "At the end, I was deteriorating faster than I could lower my standards." And against all odds, I picked up the 200 pound phone, and called the same sober alkie that my older brother had called two years earlier, when he had hit his coked-out bottom. The man, a Jack Lemmon type, said, "I will come get you at 11:30. Take a shower, and try not to drink till then. The shower is optional."

I didn't; when all else fails, follow Instructions. I couldn't imagine there was a way out of all that sickness and self-will, all those lies and secrets, but God always makes a way out of No Way. So I showed up. Before I turned [against] Woody Allen, he said that 80% of life is just showing up. And I did. There were all these other women who had what I had, who'd thought what I'd thought, who'd done what I'd done, who had betrayed their families and deepest values, who sat with me that day, and said "Guess what? Me, too! I have that too. Let me get you a glass of water." Those are the words of salvation: "Guess what? Me, too."

**Grace Bats Last**, Continued on p. 14.

Don't miss a great time of fun and fellowship as we celebrate the ordination of our new officers and anticipate a promising new year, and winter in all its glory! Come to the

### Winter Picnic



**Sunday, January 10**, following the 10:45 worship service.  
Voluntary Donation \$2 per person, \$5 per family of more than two.

# The First Presbyterian



John Abunaw



Dickson Awah



Eunai Joh



Jessica Lamson

## New Members

Four inquirers were presented to session on Tuesday, November 17, and wholeheartedly accepted into membership at First Pres. Officially recognized at the November 22 10:45 worship service were the following additions to our faith community.

John Abunaw grew up in the Presbyterian Church of Cameroon. An Environmental Scientist, John works for the New York State Department of Environmental Conservation. He is the brother of FPC member Roseline Takor.

Dickson Awah has been involved with Presbyterian churches prior to joining First Presbyterian. A health professional, Dickson is married and has two children ages 18 and 4. He looks forward to getting involved with evangelism and outreach at First Pres.

Eunai Joh is a graduate student at University at Albany studying English Literature. She enjoys singing with the choir.

Jessica Lamson comes to FPC having been active in other Presbyterian Churches, most recently in Malta. A teacher at Our Savior's Lutheran Church, Jessica enjoys running, weaving, knitting, crocheting, reading and hiking. She looks forward to serving the community through FPC.

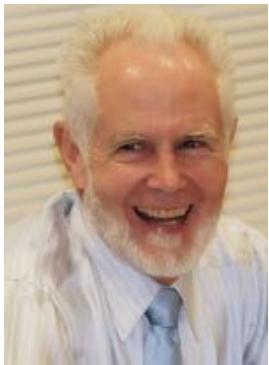
## Adult Education Classes in January, beginning Sunday, January 3, 9:30 a.m., Rose Room

### Voting Rights in America Today

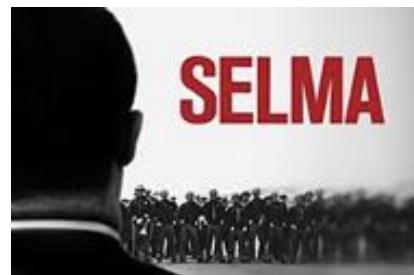
During the month of January, the adult education class will be joined by the High School class for an investigation of Voting Rights in America today. Paul T. Murray, Professor of Sociology at Siena College, will join us as guest instructor. The first two Sundays will include a viewing of the film, *Selma*.

Dr. Murray earned his Ph.D. at Florida State University. His areas

of specialization include race relations, collective behavior, and research methods. He is the author of *The Civil Rights Movement: References and Resources* (G.K. Hall, 1993) and numerous articles and reviews in scholarly journals and reference works. During the 1960s Dr. Murray was active in the Civil Rights Movement. He later served as a statistical consultant in voting rights cases for the Lawyers Committee for Civil Rights and the U.S. Department of Justice.



Dr. Paul T. Murray



# The First Presbyterian



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Advent &  
Christmas at  
First  
Presbyterian  
Church



# The First Presbyterian



## First Friday

### Music for the Holiday

- Zephyr Winds
- Capital Land Chorus
- Art Gallery
- Nativity



# The First Presbyterian

## First Friday

### Music for the Holiday

- Zephyr Winds
  - Capital Land Chorus
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- Nativity



# The First Presbyterian

## The Upper Rooms Jesus' Big Words

A new rotation in The Upper Rooms (our Christian education program for children in kindergarten through grade 5) begins Sunday, January 3, and runs through January 31. This rotation's theme is "Jesus' Big Words," and the children will explore Matthew 5:13-16, 5:38-42 and 6:25-34 through movie, science, art, games, puzzles, music and drama with teachers Marian Eaton, Bob Willower, Tara Lindsley and Charlie Kite. Students in grades 6 through 8 continue with their middle school curriculum, *Journey to Adulthood*.

If you are interested in teaching for two Sundays in one of the upcoming rotations, contact Pastor Miriam or sign up in Assembly Hall.





## High School Christian Education Curriculum, 2015-16

### Race and Discrimination

The Senior High class is examining myriad issues involving race and discrimination in today's society. Our resource material includes several documentaries: *Race: Power of an Illusion, Freedom Riders, and American Denial*; and several major motion pictures: *Selma, Fruitvale Station, and Crash*. The curriculum text comes from *The New Jim Crow* by Michelle Alexander and lesson plans from *The Thoughtful Christian*. Some of the session topics we have discussed this fall include the History of Racism, Why it's so difficult to Talk about Racism, and White Privilege. Next semester we will focus on Voting Rights, Police Brutality, Justice & Incarceration, Education, Housing and Employment issues.

Special events this year include the joint High School and Adult class investigation of Voting Rights during the month of January with guest instructor, Dr. Paul Murray, Siena Sociology Professor; UN Leadership Seminar in February, which is going to focus on Racial Healing; Guest instructor Jon Rice joins the class in March to lead a conversation about justice and incarceration; and we may attend the White Privilege Conference in Philadelphia next April.

It has been and will continue to be an enlightening and enriching year. Feel free to stop in and join the conversation any Sunday morning on the second floor at 9:30 am.

### A Letter of Thanks

By Christy D'Ambrosio and the Youth of FPC

Dear Congregation,

We want to thank you for helping us raise money this fall for the Youth Program. Hundreds of DVDs, CDs, and game cartridges were collected and cashed in for several hundred dollars. You also generously purchased poinsettias, wreaths and cyclamens for Christmas and this netted us a tidy profit as well.

We will be using these funds to help defer the cost of our visit in February to NYC to participate in the UN Leadership Conference, focusing on Racial Healing, and to travel to and participate in the Presbyterian Triennium at Purdue University this summer. As you know, we have a wide variety of other activities, which include the Annual Musical (Rap & Hip Hop original creation) in March, Ski Trip in February, and Lock-In during the fall, just to mention a few.

Thank you! Our program thrives because of your support.

Sincerely,

The Youth of the First Presbyterian Church of Albany

### Annual Youth Ski Trip

**Friday-Sunday, February 5-7  
Stratton Mountain, VT**

Please join the youth group for skiing (both cross country and downhill), swimming, hot tubbing, sledding, eating, watching movies, and just generally--having fun. Fill out your Medical Release/Permission slip forms (available via e-mail) and give them to Christy D'Ambrosio or Mary Rogers to reserve your place in one of the vehicles. \$25 fee includes transportation, 2 dinners, 2 breakfasts, and 2 lunches, lift tickets, equipment rentals & entertainment. **Bring a Friend. Mark your Calendars!**

# The First Presbyterian

## A Report from the Future; What's . . . NEXT Church?

By Eric Fagans

NEXT Church is a network of leaders, both lay and clergy, across the Presbyterian Church (USA) who believe the church of the future will be more relational, more diverse, more collaborative, more hopeful and more agile.

They describe their mission as:

fostering relationships among God's people;  
sparking imaginations;  
connecting congregations;  
offering a distinctively Presbyterian witness to  
Jesus Christ.

NEXT Church first gathered as a large body in Dallas, TX, in 2012. They sponsor both large and regional gatherings, providing space for conversations about theology, culture and the practice of ministry. They gathered this winter in Chicago at Fourth Presbyterian and will gather again this coming February at First Presbyterian in Atlanta, February 22-24. The most recent regional gathering was after a presbytery meeting this November in Hudson.

Last March Deb Fagans, Bruce Brynolfson and I attended the national gathering with some 660 others in Chicago. There were about 20 others there from Albany Presbytery. Bruce found the Chicago Lights nonprofit effort most inspiring. What we were all most amazed at was the energy and creativity present.

The large gatherings of NEXT Church feature a variety of activities: services of worship, using many different formats and inter-active participation; presentations by various individuals centering on the major theme; a multitude of workshops and opportunities to visit local churches that have had success with new endeavors; pithy, high-energy talks called "igniters," that are meant to stimulate thought and action; many opportunities to meet others from all over the nation who are seeking to faithfully respond to God's call.

There is both a website ([nextchurch.net](http://nextchurch.net)) and Facebook page (<https://www.facebook.com/next.church>) for information and photos.

## Stewardship Update Good News for God's Work

By Stephanie Kite, Stewardship Chair

The results to date of this year's stewardship campaign reflect the vibrant, committed, and, trusting congregation that we are blessed to have. So many of you took the time to prayerfully discern God's call to you and gave to the best of your ability. With your shared blessings, First Presbyterian is poised to delve deeper into our understanding of answering God's call to minister to God's people.

Our church is stronger for your generosity, and we are especially heartened by the fourteen new financial pledges and forty eight increased financial pledges that have been given so far for 2016. God's work is never ending, and we rejoice for the huge number of you who have pledged to give of your time and talent to address the many needs in the coming year.

Pledging is an opportunity for each of us to grow closer to God. As we give to others, we encounter God in our midst. It is in giving that we receive. It is in giving that our needs are put in perspective. It is in giving that we free ourselves to be open to God's love and to find peace with all of God's people. Thank you for your open hearts and minds. Thank you for your trust. Thank you for acting on your commitment to First Presbyterian.



A guitar / bird soars in the sanctuary of Fourth Presbyterian Church in Chicago, site of the NEXT Church convention.

## Constitutional Amendment Needed More Than Ever

By Carol Bullard, Outreach and Mission Committee, Organizing Team member, NY4Democracy Coalition

In a year of scandals and with a presidential race underway, the candidates are already raising huge amounts of money from a small pool of very wealthy donors. The need to limit campaign contributions becomes all the more obvious.

Are we making progress in New York State toward accomplishing the national goal of passing a constitutional amendment to overturn *Citizens United* and once again place limits on election giving? Right now a bipartisan majority of the state Assembly has signed a letter calling on Congress to overturn *Citizens United* with a constitutional amendment. A majority of Democrats in the Senate have also signed the letter.

Republican support has been less forthcoming but we are heartened that Republican state Senator Phil Boyle is actively circulating a letter in the Republican caucus, and that one other Republican senator has agreed to sign. *That makes the Empire State only one state senator away from having a majority of both legislative houses.*

Limiting money in politics has the bi-partisan support of citizens across the country. A recent Bloomberg poll found that 78 percent of Americans and 80 percent of Republicans want to overturn *Citizens United*. NY4Democracy Coalition members are hard at work urging Republican senators to support their constituents by signing Senator Boyle's letter. Solid bi-partisan support by legislators in both houses will make New York the 17<sup>th</sup> state to call on Congress to pass a constitutional amendment to overturn *Citizens United*-- a very big step forward if we succeed.

### Pot Luck Supper

Friday, January 15, 2016, 6 pm

## The Spirit of New York

By Bob Stevens

Dr. Bruce W. Dearstyne, author of *The Spirit of New York: Defining Events in the Empire State's History* (SUNY Press, 2015), will be the distinguished guest speaker at the potluck dinner on January 15, 6 pm, Rose Room.



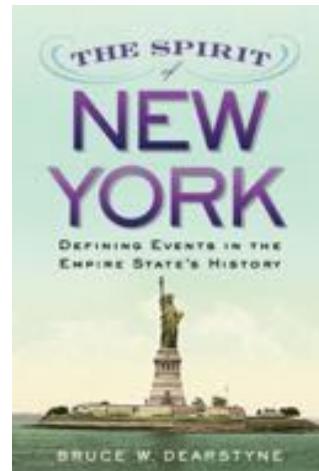
Dr. Bruce W. Dearstyne

history and occasionally writes about New York history issues for the *Perspective* section of the Sunday Albany Times Union. He was born in Berne and now resides in Guilderland.

His book covers defining moments in the Empire State's history from the writing of the state constitution in 1777 to the tragic events of September 11, 2001.

Come on January 15 and hear Bruce's presentation on fascinating (and some little known) events that shaped the history of not only New York State but the entire nation.

Please make reservations with Office Manager, Sue Bartle, and let her know what you will bring to the dinner (449-7332; [info@firstpresalbany.org](mailto:info@firstpresalbany.org)).



# The First Presbyterian



Elder Gladys Crowder

## Newly Elected Church Officers

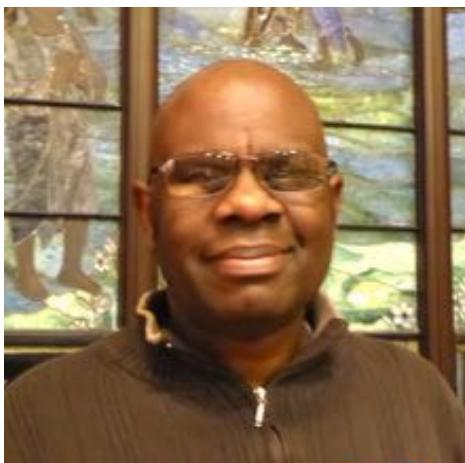
The New Year heralds the installation of a new group of officers. This is the time to carry through on your Consecration Sunday commitment to serve. Will it be through a Committee: Membership, Outreach and Mission, Worship, Christian Education, or More Light, or a mission project, or some other service to the church community and beyond?



Elder Mary Rogers



Elder Annette Johnson



Deacon Peter Kimuli



Deacon Joe Mathias



Deacon Jerry Nathan

## Opportunities Abound for Wizard's Wardrobe

By Deb Fagans

As we close in on starting our after school one-to-one tutoring program, there will be opportunities for anyone who would like to help out.

We are in the midst of designing the training that all tutors in the program will be required to take. Our present tutors who tutor at Giffen will find it helpful for that program as well.

It will include a tutor manual – *You Said Yes!* – that is packed full of information on tutoring and many ideas on how to carry out the task. We would like to have enough of these manuals on hand, so if you are planning to tutor, please let us know. We hope to have it ready by February, so look for details in the next newsletter and the bulletin.

The other opportunity will be helping with the physical preparations of the space once it is procured. We are looking at an upper room on S. Pearl Street near Giffen School. John Myers is helping to evaluate this place.

If you are interested in either opportunity please speak to Eric Fagans or Bruce Brynolfson.

Once again First Pres opened its doors and dining room to neighbors and guests for the great Thanksgiving Day Feast, sponsored by Equinox.



## Baby Institute Quilts and Blankets

A reminder to all knitters, crocheters and quilters to please keep the Baby Institute in mind as you look for a project to while away the cold winter afternoons.

If you have not had the opportunity to visit a final session of the Institute when the mothers receive their graduation blankets, we can tell you that it is most rewarding to see the appreciation and excitement when they get to select from the pile of blankets and quilts. They truly enjoy them.

So, get those needles and hooks a-moving, the quilting blocks together, and plan to share your talents with the next group of new mothers who will be graduating in March.

Any questions, contact Gail Scott at 439-2962, or Ann Songaylo at 610-2300 or [annsong@fairpoint.net](mailto:annsong@fairpoint.net). Thank you!



# The First Presbyterian

## Grace Bats Last, Continued from p. 2.

Then I blinked, and today is my 29th recovery birthday. I hope someday it will be yours, too, or at least your 1st. Don't give up on yourself. In recovery, we never EVER give up on anyone, no matter what it looks like, no matter how long it takes.

Because Grace bats last. That spiritual WD-40, those water wings, that second wind--it bats last. That is my promise to you. Happy birthday to me, and maybe to you. As my beloved ee Cummings wrote, "I who have died am alive again today, and this is the sun's birthday; this is the birthday of life and love and wings."

Don't. Give. Up. Because guess what? Me too.

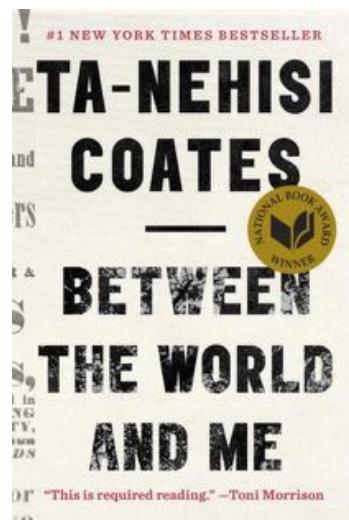
## Book, Continued from p. 1.

2. You like the writing of James Baldwin, in whose style of a *Fire Next Time* this is written or you value the recommendations of Toni Morrison who writes of this book "This is required reading."

**1. If you are a person of faith, a follower of Jesus Christ who wants to grow in your faith and discipleship, then read this book.**

So run, don't walk to your nearest local bookseller or get a Kindle version. Take some time to read this book and then read it again. It is not easy reading, but it is important reading.

I'm looking forward to our holy conversations during Black History Month. May we do deep soul work together in this time.



## Ushers and Greeters

Jan 3	8:30 am	Jackie and Lynn Ellsworth
	10:45 am	Team 2 – J. Coley, Joanne and Richard Gascoyne, David and Margaret Hannay
Jan 10	8:30 am	John Myers
	10:45 am	Team 3 – Keith Barber, David Haase, Bob and Linda Stevens
Jan 17	8:30 am	Bruce 4 – Jeff Durgee, Ray Henrikson, Prudence lyok, Rachel Smith, Roseline Takor,
Jan 24	8:30 am	Ellen Eisenbraun
	10:45 am	Team 5 - Don Mark, David Pettis, Ron Pettis, Marilyn and Phillip Riddle, Barbara Woodruff
Jan 31	8:30 am	Jackie and Lynn Ellsworth
	10:45 am	Team 6 – Diane Cornell, Fay Fairfax, Lee Helsby, Harriet Seeley, Cynthia Winter

## Deacons' Flower Ministry

Jan 3	Christmas Poinsettias
Jan 10	Albany East – Joe Mathias, Jerry Nathan
Jan 17	Latham-Loudonville – Prudence lyok, Ron Pettis, Peter Kimuli
Jan 24	Rensselaer & East – Leslie Roccario, Deb Shoup, Diane Cornell
Jan 31	Guilford-Schenectady – Grace White, Ellen Kemp, Peg Schalit

The Downtown Albany West Neighborhood Flock hosts January Coffee Hours.  
Fair Trade Market is Sunday, January 10.

# January 2016

**1 Friday**

Happy New Year  
Office closed

**3 Sunday**

8:30 am Worship (Communion)  
9:30 am Education for all ages  
9:45 am Chancel Choir Rehearsal  
10:45 am Worship (Communion)  
11:45 am Fellowship

**4 Monday**

6:00 pm Musical Rehearsal

**5 Tuesday**

9:00 am Men's Bible Study  
1:00 pm Staff meeting  
**Committee Night**  
• Membership  
• Outreach & Mission  
• Property  
• Worship  
7:00 pm Dinner  
7:30 pm • Christian Education  
• More Light

**6 Wednesday**

7:30 pm Zephyr Winds

**7 Thursday**

7:00 am Men's Bible Study  
6:00 pm Choir Potluck

**10 Sunday**

8:30 am Worship (Communion)  
9:30 am Education for all ages  
9:45 am Chancel Choir Rehearsal  
10:45 am Worship  
11:45 am Winter (indoor) Picnic  
Fair Trade Mkt

**11 Monday**

6:00 pm Musical Rehearsal

**12 Tuesday**

9:00 am Men's Bible Study  
6:45 pm Deacons

**13 Wednesday**

7:30 pm Dads' Small Group

**14 Thursday**

7:00 am Men's Bible Study  
6:00 pm Bell Choir Rehearsal  
7:30 pm Chancel Choir Rehearsal

**15 Friday**

12:00 pm Newsletter deadline  
6:00 pm Potluck Dinner

**16 Saturday**

3:30 pm Wedding

**17 Sunday**

8:30 am Worship (Communion)  
9:30 am Education for all ages  
9:45 am Chancel Choir Rehearsal  
10:45 am Worship (Communion)  
11:45 am Fellowship  
1:00 pm *Vintage Pride*

**18 Monday**

**Office Closed for MLK Day**  
12:00 pm PEO  
6:00 pm Musical Rehearsal

**19 Tuesday**

9:00 am Men's Bible Study  
7:00 pm Session

**20 Wednesday**

7:15 pm Small Group B<sup>3</sup>  
7:30 pm Zephyr Winds

**21 Thursday**

7:00 am Men's Bible Study  
12:00 pm Endowment Subcommittee  
6:00 pm Bell Choir Rehearsal  
7:30 pm Chancel Choir Rehearsal

**24 Sunday**

8:30 am Worship (Communion)  
9:30 am Education for all ages  
9:45 am Chancel Choir Rehearsal  
10:45 am Worship  
11:45 am Fellowship

**25 Monday**

6:00 pm Musical Rehearsal

**26 Tuesday**

9:00 am Men's Bible Study  
6:00 pm Ending the AIDS Epidemic

**27 Wednesday**

6:30 pm Small Group B  
7:30 pm *Zephyr Winds*  
7:30 pm Dads' Small Group

**28 Thursday**

7:00 am Men's Bible Study  
12:00 pm Newsletter Folders  
6:00 pm Bell Choir Rehearsal  
7:30 pm Chancel Choir Rehearsal

**30 Saturday**

9:30 am Presbytery Meeting at  
Brunswick Church

**31 Sunday**

8:30 am Worship (Communion)  
9:30 am Education for all ages  
9:45 am Chancel Choir Rehearsal  
10:45 am Worship (Communion)  
11:45 am Annual Meeting  
12:15 pm Fellowship

Note: *Italics indicate outside groups.*

## AA Meeting Schedule

Daily 5:30 pm  
Thurs 7:30 pm AA Youth

## Get Well Group

Wed & Fri 7:30 pm

## Music Together Schedule

Mon 1/7 Make-up class  
Mon 5:30 pm (starting 1/12)  
Wed 9:30 & 10:30 am  
Thurs 9:30 & 10:30 am

FIRST PRESBYTERIAN CHURCH  
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Albany, NY 12210

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## The First Presbyterian

### Lectionary

#### Jan 3 Second Sunday after Christmas

Jeremiah 31:7-14	Psalm 147:12-20
Ephesians 1:3-14	John 1:(1-9) 10-18

#### Jan 10 Baptism of the Lord

Isaiah 43:1-7	Psalm 29
Acts 8:14-17	Luke 3:15-17, 21-22

#### Jan 17 Second Sunday after the Epiphany

Isaiah 62:1-5	Psalm 36:5-10
1 Corinthians 12:1-11	John 2:1-11

#### Jan 24 Third Sunday after the Epiphany

Nehemiah 8:1-3, 5-6, 8-10	Psalm 19
1 Corinthians 12:12-31a	Luke 4:14-21

#### Jan 31 Fourth Sunday after the Epiphany

Jeremiah 1:4-10	Psalm 71:1-6
1 Corinthians 13:1-13	Luke 4:21-30



Office Hours  
Monday through Friday  
9:30 am to 1:30 pm

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Facebook	<a href="http://facebook.com/firs">facebook.com/firs</a>
E-mail	<a href="mailto:info@firstpresalbany.org">info@firstpresalbany.org</a>

*The First Presbyterian Newsletter* is  
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Editor	Rev. Glenn D. Leupold
Layout	Richard C. Gascoyne

Please notify the church office of any  
change in address.

Recordings of the worship service  
are available from the church office.

See the Newsletter on line and in color at  
[www.firstpresalbany.org](http://www.firstpresalbany.org)

Also see us on [www.facebook.com/firs](http://www.facebook.com/firs)

